

WOMAN
GIRL DINNER

**SHALL
NOT
LIVE BY
SEX
ALONE**

Cj

CHARITY JAMES

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Rahab - Her Story

There isn't much known about Rahab before her introduction in Joshua 2, where she is described as a prostitute or harlot. According to Merriam-Webster.com, a prostitute is someone who engages in sex acts—particularly intercourse—in exchange for payment. While we don't have insight into Jericho's economic conditions, the Bible makes it clear that Rahab was well-known in the city. She owned her own home in a prime location—on the city wall—and had enough space to hide two grown men.

From a modern perspective, Rahab was a businesswoman. She had a profitable enterprise, and I'd even argue she had marketing skills—after all, the spies found her easily. Her high visibility also meant that when word about the spies spread, it reached the king himself.

In business, knowing when to pivot is crucial. Entrepreneurs must understand risk and reward, and Rahab demonstrated this instinctively when she chose to align herself with the God of Israel.

At this moment, Rahab had to do one important thing—trust God.

In Joshua 2:9, Rahab boldly declared:

“I know that the Lord has given you the land.”

But how did she know? Knowing, believing, and acting are not the same. Rahab wasn't just aware of God—she was convinced of His power. She had no doubt. She recounted the miracles the Lord had done for Israel and, with confidence, made a strategic deal with the spies to secure her family's future. Now, you might be thinking, Okay, and? But hear me out.

Rahab had lived a life of sin, but she had qualities that God could use. She was an outsider—someone who didn't belong. Yet, when she heard about the God of Israel, her faith was activated, and she acted on it.



Recap:

1. Rahab believed God.
2. Rahab had faith in God.
Faith comes by hearing, and hearing by the Word of God (Romans 10:17).
3. Rahab acted on what she believed.

I strongly believe that Rahab's business mindset prepared her for this moment. She understood risk, timing, and negotiation—qualities that played a role in her faith-driven decision. Deceiving the king's men and redirecting them took courage and strategy. If her plan had failed, she would have been executed—no matter whose side she was on. But Rahab believed God. She was confident in the plan. She trusted the spies to keep their word.

God's Redemptive Power

God's redemptive power was at work the entire time. Notice that the spies weren't led to a religious leader's house. Instead, God led them to Rahab's home. Because God wasn't looking to condemn her—He was looking to redeem her.

Faith was the key. Faith is Kingdom currency—without it, it is impossible to please God. “But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him.” – Hebrews 11:6

Rahab's faith was so significant that she was honored in Scripture:

“By faith, the harlot Rahab did not perish with those who did not believe, when she had received the spies with peace.” – Hebrews 11:31

“Likewise, was not Rahab the harlot also justified by works when she received the messengers and sent them out another way?” – James 2:25

James makes it clear:

“For as the body without the spirit is dead, so faith without works is dead also.” – James 2:26

Rahab didn't just believe—she acted on her faith. And because of that, she didn't just survive—she became part of Jesus' genealogy (Matthew 1:5). Her story proves that God can use anyone who believes in Him.

The Components of Faith

1. Believe God.
2. Increase in faith (Faith comes by hearing – Romans 10:17).
3. Act on what you believe.

2

How God Can Use Anyone - No Matter the Background

Understanding God

God is not distant or unaware of us. He knew us before we were even born (Jeremiah 1:5). We are not a surprise to Him, and He will never turn away a sincere heart that desires to follow Him. “For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. For God did not send His Son into the world to condemn the world, but that the world through Him might be saved.” – John 3:16-17

Pro-Tip:

Where it says “For God so loved the world,” replace “world” with your name and read it aloud.

Make it personal—because He loves you.

God is a Safe Space

This is big. You. Me. Us. We are not a surprise to God.

We can come to Him with everything—our fears, failures, struggles—because He cares for us. He is our refuge, our safe place, and our healer.

“Trust in Him at all times, you people; pour out your heart before Him; God is a refuge for us.” – Psalm 62:8

“Casting all your care upon Him, for He cares for you.” – 1 Peter 5:7

If you once had a relationship with God and want to come back—come. If this is your first time considering a relationship with God—welcome!

Simply pray this prayer sincerely, and heaven rejoices as you make this decision:

Salvation Prayer

Father God, I come to You just as I am. I repent of all my past sins—I didn’t know, but today I choose You. Lord, come into my heart, live in me and through me. I believe in my heart that Jesus died and rose again. I receive You, Jesus, as my Lord and Savior right now. Today, I am saved, and I commit to living my life completely for You. In Jesus’ name, Amen.

Congratulations!  Heaven is celebrating YOU.

Rahab’s story is a reminder that God is not looking at your past—He’s looking at your faith. No matter who you are or where you come from, He can use you. If He did it for Rahab, He can do it for you. Will you trust Him?

Mid-logue

I know, I know. You may be wondering, Why did I name this “Woman Shall Not Live by Sex Alone” when I’m over here talking about Rahab and Jesus and stuff? But thank you for sticking it out so far. The first half of this book is for the redemption girlies—the ones who need hope, the ones who wonder if God can still use them. The answer is yes. The second half is for the prevention girlies—those who already have a relationship with God but are curious about the other side. Maybe you’ve asked: “Do I really have to wait until I get married?” “What if...? What if...?” Listen, been there, done that. I wish someone had sat me down and explained what I was experiencing—someone to tell me NO. Because although I knew sex before marriage was wrong, simply knowing did not stop me. And let me tell you: getting married for guilt-free sex didn’t work either. Now, I’m sitting in a coffee shop, working through a pending divorce, writing this eBook for you—so that you don’t make the same mistakes I did. I’ll spare you the long story. Instead, I’ll share my story in poetry.

3

Backstory & Prayer

Santa Fe Ave

*I wasn't looking for a love affair.
I just needed to escape.
You were safe, warm, and comforting.
You undressed my thoughts.*

*I had never been so raw, so naked,
so free.*

*I ran away and forgot who You were to me.
Away from You, I lost my identity.
So lost that I let someone else undress me—
or whoever she was.*

*I remember welcoming Your warmth.
You comforted me beyond anything I had ever known.
Still, no one else has the capacity to love me
unfailingly.*

I Remember

*Plastic-covered VHS tapes.
White sheets.
Hush—undercovers.*

*Don't say a word.
No one will see.
No one will know.*

You will not remember.

*You are only four, maybe five years old.
Your body is still a body.
It feels, and it desires.*

2014

*In love with the one I've never met.
In love with the one who doesn't love me yet.
All the while, I run from the One who loves me most.*

*Oh, the fear that separates us—
the fear that came because of sin.*

*The sin I wish I wouldn't do.
Even though I know You forgive me.
Still, I fear.
Though I know fear is not of You,
fear still I do.*

And the guilt.

*I'm like a punching bag, and guilt is the boxer.
Oh, how it beats me.
Still, I make the same mistakes,
as if I didn't learn from the last time.*

*The crazy thing is I don't want to sin.
But still, I sin.*

*I know I will never be perfect.
I don't want to keep sinning.
I don't want to be guilt's punching bag.*

*I want to do good.
I don't want to give in to temptation.
I want to be strong and wise.*

I am the opposite of everything I want to be.

*Oh God,
Where is my remote?
I need to press pause.*

December 7, 2014

*He rubbed my breast and said,
"I love your body."*

*That's when I realized—
he wasn't the one for me.*

October 26, 2015

*Oh man.
Why didn't I listen to myself?
I should have let go the first time.*

I spent my time thinking about the breakup,

*thinking about the mistakes I made.
Thinking about how he wasn't what I wanted.*

*I was desperate.
The guy I wanted didn't want me.
So I went the easy route.*

*Then I thought I was in love.
But I wasn't.*

*The idea of love kept us together.
The idea of love became a stronghold.*

*I was living in sin,
bonded by the thought of loving him.*

*I thought he was better than my ex,
so that meant he was good for me.*

*Soul tie.
Stronghold.*

I couldn't figure out why I couldn't break free.

*Something that seemed so innocent
became shackles on my feet.*

*Then I said a prayer.
A few hours later, he broke up with me.*

That was the best thing he ever did for me.

LOL.

January 11, 2016

*“Charity, don’t worry about being in a relationship.
Don’t worry about past relationships.
Don’t go back to past relationships.”*

March 10, 2016

Married ex before ex.

She

*She needs too much.
She requires things money can’t buy.
She requires things you can’t touch.*

Love her right.

*I’m not sure what’s wrong with me.
Or if there’s anything wrong with me at all.*

*I am a married woman.
I have cried many tears.*

I am not sure if I was meant to be a married woman.

*I love deeply.
And I require to be loved deeply.*

Is it even love?

*If I were a woman who needed money from a man, I
would have it.
If I wanted his car, I would have it.
If I wanted fancy clothes and diamond rings, I would
have them.
I want none of these things.*

*Instead, I want a deeper love in my marriage.
I want romance and things like that.*

*I want to pray together—that's romantic, right?
I want to be understood.*

*At times, I want your full attention.
I often make the mistake of asking the wrong questions.*

But I've tried to communicate as best as I could.

I can't believe the things you say sometimes.

"I never think about making our marriage better."

Maybe I should try that.

But then we wouldn't make it.

Prayer

Repentance

“When Jesus heard it, He said to them, ‘Those who are well have no need of a physician, but those who are sick. I did not come to call the righteous, but sinners to repentance.’” - Mark 2:17 NKJV

“If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.”
- 1 John 1:8-9

Father God, I come to You as I am asking for forgiveness for any and all ways I may have missed You or have drawn from the faith. Your word says if I confess my sins, You are faithful and just to forgive me – here I am being open and honest about (be specific). I receive Your forgiveness Father and I thank You for removing any remembrance of sin and guilt from my heart and mind in Jesus name.

Power over the Flesh

“There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.” - Romans 8:1 NKJV

Thank You Father God for giving me power over my flesh - I do not walk in the flesh, I do not pet or feed my flesh but I walk according to the Spirit of God. I mind the things of the Spirit - I do not fulfill the lust of my flesh. My entire being (spirit, soul, & body) is under the lordship of Christ, today and every day of my life in Jesus' name.

Move Forward in Victory

“What then shall we say to these things? If God is for us, who can be against us?”

Father God, thank You for empowering me to live a purposeful and victorious life in Christ. Today, I am moving forward; I am not looking back. I am only pressing toward the goal for the prize of the upward call of God in Christ Jesus. I am not afraid nor worried; my trust is in You. I can do all things through Christ, who strengthens me, and my every need has already been met in Jesus' name.

Salutation:

1. Do not be afraid.
2. Be open & honest in your relationship with God.
3. Know that God loves you and He will never leave you nor forsake you.
4. Live completely for God & be blessed.
5. Oh! Almost forgot – holiness is key element to success.

Peace,

Cj